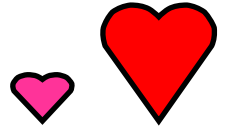




## FALL IN LOVE WITH CLUBHOUSE



"Clubhouse has changed me for the better & given me the support I have Needed."



Danny



"I don't know where I'd be without Clubhouse."

Nick



"The Eagles' Nest gives me support to navigate through life's challenges... and I love them for It."

Fred



"Clubhouse saved my life."

-Jim



"Clubhouse is my Happy place."

-Janet



"That I can be myself And there is zero judgement."

-N.S



### TABLE OF CONTENTENCE

- Will 's Creative Story* 2
- Lunch Menu* 3
- Danny's Story* 4
- Nerd Corner* 5
- Andrew's Art* 6
- February Events* 7



## WILL'S CREATIVE STORY



On one afternoon Will went for a walk down the street. He stopped at the park to have fun. There he met a girl and he said “ Hi, my name is Will, but you can call me William.” She answered, “Hi, my name is Paige. Me and my family just moved here from Portland Maine to find a job that will pay well. I used to be a craft designer.”

“I like to make things out of duct tape” Will said. “I have a lot of things that I made out of tape. I have also thought about opening my own art shop,” she told him. “I would like to talk more about it over coffee and maybe we can go out sometime” he said.

“Yeah, I would like that very much,” said Paige.

So Will and Paige went out on a few lunch dates and those few lunch dates turned into dinner dates and then they had an idea. They decided to open an art shop. In their art shop together they sold items made out of duct tape like wallets, handbags, jewelry and flower vases. Soon their one store turned into two and they had enough employees to run the stores on their own. This allowed them to take weekends off and make enough money to travel in their spare time and visit places like the Grand Canyon and Disney Land.

**HAPPY BIRTHDAY**

**ALICE!!!!!!**



THE CLUBHOUSE IS A GLOBAL CONCEPT THAT HAS BEEN AROUND SINCE 1977.



**Lunch is Served Daily at 12:00 p.m. for \$2.00.**

**Eagles' Nest Clubhouse Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
			Pizza	Baked Ham
Breakfast Sandwiches	Hot Ham & Cheese	Pulled Pork	Pulled Pork Sandwiches	Leftovers
Chili	Chili Dogs	Egg Salad Sandwiches	Leftovers	Lasagna
Baked Haddock	Fish Sticks Mac & Cheese	Tacos	Taco Salad	Baked Chicken Mashed Potato
Cheese Burgers French Fries	Chef Salad	Pizza	Leftovers	



ONCE A MEMBER  
ALWAYS A MEMBER  
WITH NO DUES OR  
FEES  
WHATSOEVER.

The Times for Clubhouse  
Zoom Sessions:

**9:00 AM To 10:00 AM**

**1:00 PM to 2:00 PM**



## DANNY'S STORY

**Danny has been a member of Eagles' Nest Clubhouse for two years. He found out about the clubhouse by chance. He was driving by one day and he decided to check it out. Before becoming a member here at Eagle's Nest Danny says his life was chaotic and miserable. Since becoming a member Danny said he has built a stronger connection with people and now has a large support network of friends. Danny said he would recommend clubhouse to anyone because he strongly believes in the peer to peer support that the clubhouse community provides. Danny also said his friends have noticed he has become more up beat and grown up since he has become a member of the clubhouse community.**

OHI is a 501(c)3 non-profit agency registered by the State of Maine as a charitable organization and licensed by the Maine Department of Health and Human Services (DHHS). We receive financial support from DHHS, the United States Department of Housing and Urban Development (HUD), private insurers and from donations from private donors, foundations, and corporations.

Not that long ago, adults and children with mental illness or mental disabilities were warehoused in institutions. Their basic needs were met but that was all.

When people realized that quality of life was important. Institutions were closed.

OHI was one company, that took in adults with mental disabilities into homes, to give them a better quality of life.

OHI has been trying to fill basic needs to improve the lives of adults whom most have forgotten about. OHI became aware that people with mental illness needed more support in Hancock County. They helped open Eagles' Nest Clubhouse over four years ago. OHI became aware of a program called "The Clubhouse" that was created 40 years ago in New York City. This Clubhouse was called Fountain House.

This program was created to get people with mental illness out of their homes and to get them to meet others who would understand. The program starts with getting through the door, and enjoying a well rounded homemade lunch.

OHI made that possible by opening the Eagles' Nest Clubhouse in Ellsworth. OHI has created a safe place for people with mental illness to come together and be in public again.

## Percy Jackson and the Olympians Season 1 : The Lightning Thief

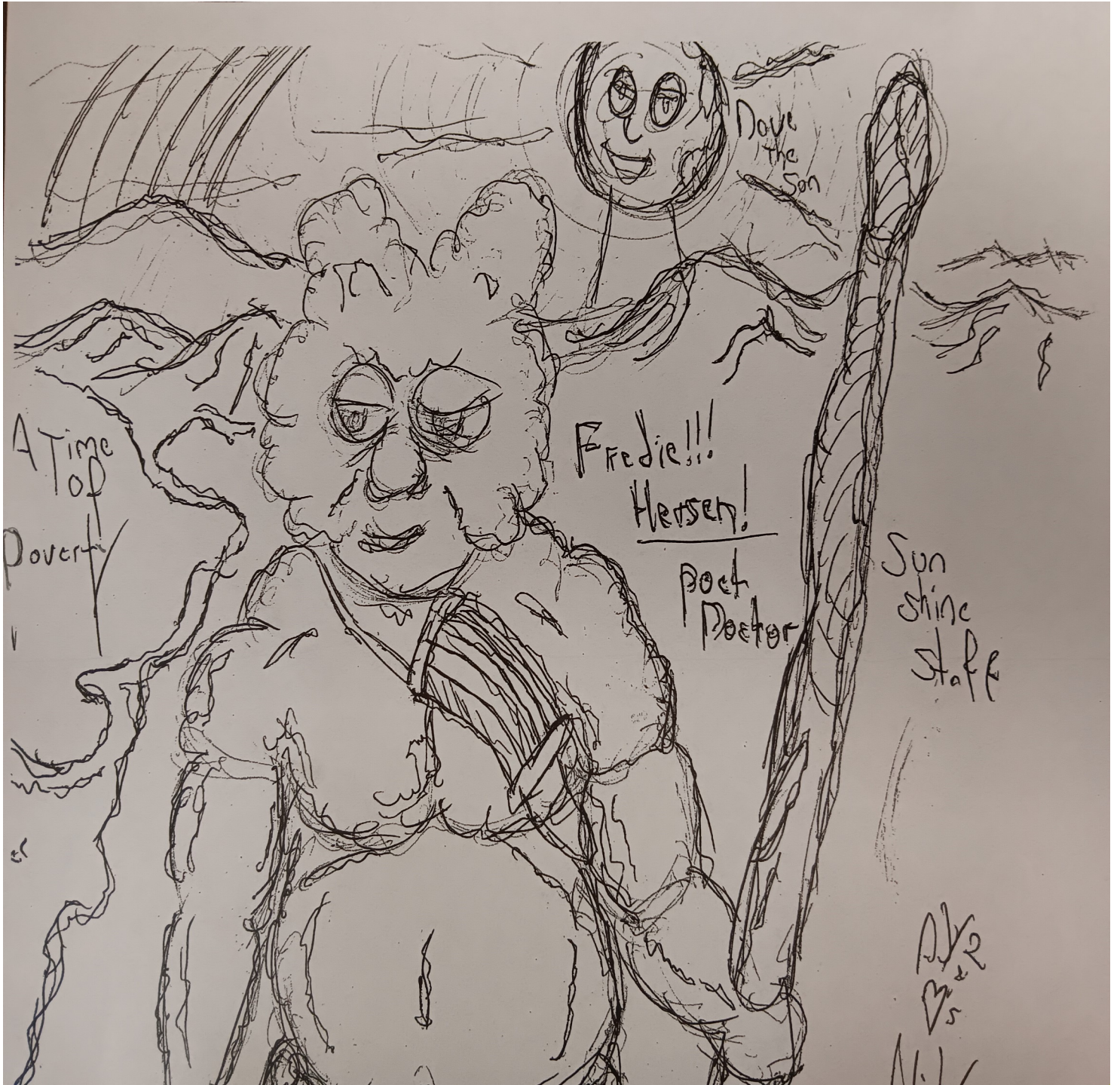
By Daniel

So this month we are diving into the mythological side of nerd-dom . I am covering and reviewing Percy Jackson and the Olympians: Season 1: The lightning Thief. Based on the critically acclaimed novel that started a long seventeen book reading. I was introduced to this world of modern demigods at age 16. There have been many attempts at a proper adaptation of the source material. Between two feature films and a stage musical ( I have not seen the stage play as of yet. ) There has been a lot of hate between the fandom, the author and 20th Century fox because of how the films were handled and the changes that were made. I am part of the sect of the fandom that didn't like the film adaptations. The aging up of the main characters and the adding and subtracting of certain story elements made me and others angry and got us to fight for this adaptation and remake.

Background: This started as a five book series. Written By Rick Riordan because of his son who loved mythology. Riordan ran out of the stories to tell his son so he made these modern versions where a camp exists that is a safe haven for Greek demigods. There is a catch; to be a demigod where you have to have dyslexia and ADHD. This was done in honor of his son. This series has been adapted into two movies that were not received well. Even Riordan disliked how they adapted and changed his writing. When Disney bought 20th century Fox Rick and Becky went to Disney and made a deal after a huge tweet storm early on in 2019. Well fast forward four years and we get an eight episode series.

Percy Jackson and the Olympians Season 1 : The Lightning Thief: Has been an amazing ride and journey to watch. This begins a possible franchise. In the PJO Universe ( Percy Jackson and the Olympians) world there are seventeen Books ( seven in the Percy Jackson series, five in the Heroes of Olympus five in the Trials of Apollo & one standalone ). So this is the beginning of a long journey and a grand adventure through both Greek and Roman mythology. I won't lie, I was nervous and skeptical about this reboot. Four long years of slow updates and castings made me more excited and was one of the best things that happened in a long time. There were some changes that made it more exciting and added to the story. Yes this series three main leads were kids ( mind you the first series starts from Percy being twelve-sixteen) but there were great moments and unexpected ones that they brought out and got me to laugh and cry. Some of the adult actors and actresses they cast were mind blowing. I.E. Edge as Aries were spot on. It was great getting to see Dionysus played by Jason Mantzokas brought to screen as his very obnoxious self. Poseidon played by Toby Stevens was interesting to see and how he approached Sally and Percy was a lot different than how the books handled it but I loved it. Zeus, played by Lance Reddick ( who was one of my favorite actors) may the man rest in peace. It was a welcome site but made me cry. Lin Manuel Miranda who was cast as Hermes was a welcome sight but was a few seasons early. My overall thoughts on the series is this . They did an amazing job adapting the source material and expanding the lore the way they did. There were a lot of changes to the way the story was presented but it was so enjoyable. The fight scenes were like how I always imagined and read in the books. This was an amazing adaptation to how Rick envisioned the story and how he wanted them presented in other media. Yes there were many changes (Example Medusa's story line being more flushed out) a lot of things were rearranged and done out of order but it made me see this story from a new perspective . This is only the beginning of a long journey that I plan to enjoy till the end. I give this a 9.5 /10.

# ANDREW'S ART CORNER



# FEBRUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 28	29	30	31	<b>Feb 1</b>	2	3
				3:30pm Welcome Table free Meal	meet and greatforcitizenibnsbusinsacom	10:00am Fiber Arts Group; Ellsworth Library
				6:00pm Book-a-Month Discussion Group; Ellsworth Library Lower Entrance	munitor com ,munororg,,,,ga...	1:30pm Humanists and Free Thinkers; Ellsworth Library Riv...
					7:00pm BANFFI Mountain Film Festival World Tour; The Grand in Ellsworth	7:00pm BANFFI Mountain Film ...
4	5	6	7	8	9	10
2:00pm BANFFI Mountain Film Festival World Tour; The Grand in Ellsworth	10:30am <b>Move &amp; Groove</b> ; Ellsworth Library 11:30am	10:30am <b>Tuesday Pop-Up Art</b> ; The Balcony Room at the Ellsv 12:00pm		2:00pm Caregiver's Support Group; In-Person; Ellsworth Li...	1:00pm Midday Concert; Ellsworth Community Music In...	Casanova Pop up Market Valentine's Artisan Marketplac...
		AARP Tax Preparation; Rivenie...		4:00pm Going Wild, Part 1: Native Plants; Ellsworth Library	4:00pm Casanova Pop up Market Valentine's Artisan Ma...	10:00am Games for Grown Ups; Ellsworth Library Main Room
				6:00pm Book-a-Month Discuss...	6:00pm Charlotte's Web Audiiti...	2:00pm Spaghetti Benefit Dinn...
		+3				
11	12	13	14	15	16	17
	10:30am <b>Move &amp; Groove</b> ; Ellsworth Library 11:30am	10:30am <b>Tuesday Pop-Up Art</b> ; The Balcony Room at the Ellsv 12:00pm	Valentine's Day	Job Fair; VFW Post 109 Ellswo...	12:00pm Clubhouse Coalition Meeting; Zoom	10:00am Fiber Arts Group; Ellsworth Library
	3:45am Tia Chi for Beginners; Ellsworth Library Riverview Room	AARP Tax Preparation; Rivenie...		7:30am ENC Game Saturday; Enc		12:00pm VA Home Loan Seminar; Coastal Homes 8 US HWY 1 Hancock ME
	6:00pm Ellsworth City Council Meeting; 1 City Hall Plaza + O...			10:00am Career Fair Home Inst...		
		+3		+3		
18	19	20	21	22	23	24
	10:30am <b>Move &amp; Groove</b> ; Ellsworth Library 11:30am	10:30am <b>Tuesday Pop-Up Art</b> ; The Balcony Room at the Ellsv 12:00pm	12:00pm Clubhouse Accreditat...	2:30pm ENC Game Afternoon; ENC		Alice's Birthday
	3:45am Tia Chi for Beginners; Ellsworth Library Riverview Room	AARP Tax Preparation; Rivenie...	5:30pm Beginner's Yoga for Adults; Ellsworth Library Riverview Room	6:00pm Book-a-Month Discussion Group; Ellsworth ...		10:00am Mock Murder Trial; Ell...
				6:00pm Jo Radner: Homegrow...		10:00am Science Saturday; Ani...
		+3				5:00pm 'To Warm a Winter's N...
25	<b>26</b>	27	28	29	<b>Mar 1</b>	2
	10:30am <b>Move &amp; Groove</b> ; Ellsworth Library 11:30am	10:30am <b>Tuesday Pop-Up Art</b> ; The Balcony Room at the Ellsv 12:00pm	8:00am Clubhouse Swap with ...	2:30pm ENC Game Afternoon; ENC		1:30pm Humanists and Free Thinkers; Ellsworth Library Riverview Room
	3:45am Tia Chi for Beginners; Ellsworth Library Riverview Room	AARP Tax Preparation; Rivenie...		5:30pm ENC Advisory BD Meeting; Via Zoom		
				6:00pm Book-a-Month Discuss...		
		+3				