



# Eagles' Eye View

The monthly newsletter for the  
Eagles' Nest Clubhouse



Where Dreams Take Flight!

# Great News!

After a long battle we are happy to announce that we have Modivcare up and running once more!  
Members can now schedule rides through them. It's been a long haul but we're getting there!

## We finally got our sign back up!



Thanks to Bruce, Alice, and Arnold for making this happen!

### Table of Contents

- 1 - Cover Page
- 2 - Open House
- 3 - Open House Cont.
- 4 - Surprise!
- 5 - Education Meeting
- 6 - Nerd Corner
- 7 - Donation Requests
- 8 - Art Corner
- 9 - Congratulations!
- 10 - Appreciation Letter
- 11 - Appreciation Letter
- 12 - Lunch Menu
- 13 - Calendar

Announcement!

We will resume our regular hours of 8 AM to 4 PM starting on April 21st, 2025.

Thank you for your support.

-ENC

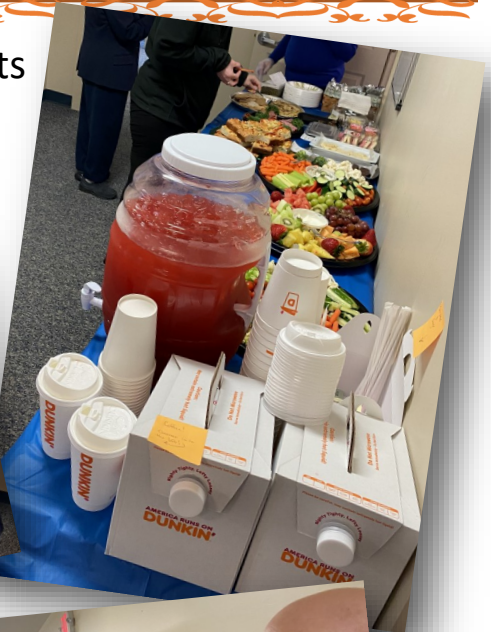
# Open House!

We had a very successful Open House!  
Many people came to visit and  
members offered tours!



# Open House!

There were drinks and refreshments available to all who visited!



The Social Media Crew was working on an Improv DnD thing!

# Surprise!

After the Open House we had a Retirement Party for BJ and Alice! It was a surprise of course, so we had to keep it under wraps until the end!



# Education Meeting

We had a meeting about education resources with Vanessa from Adult Ed and Suzanne. It was a productive meeting and we got to learn about what classes are available to us.





# Nerd Corner

With Daniel Schaeffer

## Wizards Beyond Waverly Place: Family and Mental Health

By Danny Schaeffer

For Nerd Corner I decided to go back to my teenage years. I wanted to cover a re-boot for one of my all time favorite Disney Channel shows Wizards of Waverly Place. I am covering Wizards Beyond Waverly Place. This is a reboot of the original show. Where a family of wizards do magic and try to have a normal life. My tie in for this month is going to be family and mental health.

Wizards Beyond Waverly Place: This was something we didn't ask for. This show centered around Justin Russo and his family with a young girl who is powerful enough to either save or destroy the world. Justin has 2 normal kids who do not have powers ( at least at first ) At the end of the original series Justin became head of Wiz Tech. This show picks up years later in New Jersey. A Lot has changed and even Alex has grown up and become a full fledged adult. Justin is now a regular principal. Seeing the new locations and how the show set up the end game was perfect. I give this a 8/10.

Family and Mental health: In my own experience family can be crap. Sometimes family goes beyond blood and you make or choose a family. Family can influence how you see things. They can definitely influence how you view mental health.

The Eagles Nest Clubhouse  
is low on supplies and looking for donations!

*We are a peer based mental health recovery program  
designed to empower members toward individual and  
shared goals.*

**Drop off right at the clubhouse and see what  
we're about!**

**412 High Street, Ellsworth  
207-389-3300**

Items we need:

- Disinfectant Wipes
- Paper Towel
- Printing paper
- Dawn dishwashing soap
- Non scented hand sanitizer
- Cleaning supplies
- Sponges
- Toilet paper
- Toilet Cleaners
- 2 Plungers



# Art Corner



Painting Metal Sculptures

By Mary



The Land of the Black Sun

By Kevin





Congratulations to Zoey and Xavier who are moving into a new apartment!  
Also to Nick who just got accepted to an apartment after a long wait!  
Our member Chris may have a new job lined up, great job!  
Congrats to members who participated in the New Ventures budgeting class.  
That's one step closer to independence!

### **Upcoming Events!**

Eagles' Nest Clubhouse is going to participate in the Annual Autism Walk in Ellsworth on April 22nd. Expect to see us there!

On April 5th the Clubhouse will be helping for the annual Food Drive at Shaw's again this year! Members are quite excited!

Also a thank you to Wendy for the donation of art supplies! Members were eager to get painting!

## **A Special Thanks!**

Thank you to the Advisory Board for helping with the Open House and providing some of the food and refreshments!

Also a big thank you to them for the nice plaque they got for Alice and BJ's retirement! You guys are awesome!

# A Letter of Appreciation

We would like to take this opportunity to offer our heartfelt appreciation for our staff who will soon be retiring. Both Alice and BJ have been such a wonderful part of the Clubhouse community, real advocates for the members. Whenever we were in need you both were there to listen, to offer advice, or just be a shoulder to lean on. You've both shaped the lives of everyone around you with your boundless kindness and empathy, as well as your silly senses of humor. And now, for a word from our members.

You both were a blast to have around. We could ask for no better ally than you both. Even after you are gone we will continue to remember you both and hopefully you will pop in here and there.

Also, BJ, you're fired. ;) -Laura

I appreciate how welcoming they are. They embraced me into club life and seemed really excited to do it, and even now that I can't get to clubhouse, they check in and make sure I'm doing alright. It means a lot to have that sort of support outside my home. - Caley

Alice always lent an ear to listen to my issues and she was a true problem solver, kind hearted and always looking to help. BJ really made me feel like I was accepted and appreciated even though I wasn't able to participate in ways I would have liked to. She's always very attentive and such a wonderful soul. - Mary B

Alice was the rock of the clubhouse. Without her we never would have made it. Her tough but loving nature will be missed. BJ provides a wonderful atmosphere. She is a light in the dark and without her, clubhouse wouldn't have been as welcoming and happy. - Josh

Alice, I am going to miss you. You have done so much for me in ways I cannot thank you enough. I love you; you were the first friendly face I met at the clubhouse when I first took a tour before I started coming here. You are a sweet person Alice. I enjoy seeing you whenever I am at clubhouse. And BJ, thank you so much for all the hard work you have done for us you are an amazing person. -Xavier

Alice, I just wanted to say that I enjoy working with you I am sad to see you leave, you were the first person I met when I first came to clubhouse. I just want to say thank you for everything you have done for me. You truly will be missed; remember it's an adult program. BJ, you will truly be missed, I really enjoyed working with you. I wanted to thank you for helping me grow. I love you, enjoy your retirement and hope you keep in touch.

Thank you for always making me feel welcomed and loved. Love, Zoey

The kindness they have shown me as a new member has reassured me that club house would be a good fit.

- Cloe

They were real. They were genuine and caring and always there when we needed it. - Paige

They were nice ladies and I loved the nicknames. They were very patient with all of us. - Mary H

# A Letter of Appreciation

Alice there is so much I want to say, to thank you for everything you've done for me. You've shown me what it truly means to be a clubhouse member. You put up with me for two weeks in Massachusetts during the training, you put up with my wackiness which is something not many others would want to do. Bj I know you said you didn't want this but you know me so you're getting it anyway. Bj I want to thank you for welcoming me into your world. I'm so happy that I got to meet you and It's been an honor to be here at clubhouse with you. Clubhouse is truly losing a viable person who sees the true clubhouse model. - Nick

They listen and have a sense of humor and didn't treat us like a number. I'll miss you both. - Kevin

I don't have the words to express how much I will miss you both. We had so many great times together. - Janet

Thank you for everything you have done for us. We will miss your kind words and guidance. We appreciate you both being who you are. - Mike and Kim

B.J. Is an inspiration to everyone, many members have known her from there youth as a case worker and appreciate the heart of gold she has poured out all her life. I've always called her tough as nails, which she is, but never mentioned how impressed I am at the life she's lived. - Andrew J

Alice has poured her life out for clubhouse and her family and friends her whole life, She's never told me much about her life but talking to her and getting to know the second big heart of gold that has kept clubhouse together. Clubhouse being a solid group of people rather than a building. You and B.J. are absolutely amazing and will always think greatly of you. - Andrew J.



# Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Whole Chicken	2 Chop Suey	3 English Pizza	4 Leftovers
7 Breakfast Lunch	8 Pulled Pork	9 Fish Sticks	10 English Pizza	11 Leftovers
14 Breakfast Lunch	15 Meat Loaf	16 Mac and Cheese	17 English Pizza	18 Leftovers
21 Breakfast Lunch	22 Boneless Pork Chops	23 Whole Chicken	24 English Pizza	25 Leftovers
28 Breakfast Lunch	29 Chop Suey	30 Pork Tenderloin		



**It's Spring again, time for more Wellness Walks!**

# APRIL 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Group Wellness Walk 1-2 PM	2	3 Game Night 2-4 PM	4	5 Annual Food Insecurity Drive at Shaw's
6	7	8 Skill Share: Computers 1-2PM	9 Skill Share: Nutrition 1-2 PM	10 Game Night 2-4 PM	11 Group Wellness Walk 1-2 PM	12
13	14	15 Group Wellness Walk 1-2 PM	16 Skill Share: Nutrition 1-2 PM	17 Game Night 2-4 PM	18	19
20	21	22 Ellsworth Autism Walk at Knowlton Park	23	24 Game Night 2-4 PM	25	26
27	28 Skill Share: Mobile/Tablet 1-2 PM	29	30			